






Staying Put, Inc.

Caring – Connecting – Contributing

MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 1:30PM Coffee & Conversation	02 9:30AM Strong Bodies
05 Office Closed Mondays	06 9:30AM Strong Bodies 1PM Music at SV Health Care Campus	07	08 9:30AM Foot Care Clinic 10AM 🍰 Team Sudoku	09 9:30AM Strong Bodies
12 Office Closed Mondays	13 9:30AM Strong Bodies 10AM Memory Cafe 12:30PM Music at Valley Villas	14 10AM 🍰 Monthly Birthday Celebration + Baked Treat	15 2PM C.R.A.F.T	16 9:30AM Strong Bodies 10AM 🍰 Fun Fact Friday
19 Office Closed Mondays	20 9:30AM Strong Bodies	21	22 9:30AM Foot Care Clinic 1PM Elmwood Spring Dance	23 9:30AM Strong Bodies
26 Office Closed Mondays	27 9:30AM Strong Bodies 10AM Memory Cafe	28 10AM 🍰 Mystery Event	29	30 9:30AM Strong Bodies

Weekend Events:

- Saturday 5/3: 8AM **SV Spring Cleaning Day**
- Saturday 5/24: 4PM **Volunteer Happy Hour**

For more information, to schedule services or to RSVP, call 715-778-5800!

OTHER ACTIVITIES & DETAILS

All events are located at the Staying Put office
(S312 McKay Ave, Spring Valley) unless otherwise listed.

**Office hours: Tuesday, Thursday, Friday 9:30AM - 2:00PM,
Wednesday 9:30AM - 3:30PM**

TRANSPORTATION	Call to set up rides for medical appointments, grocery, banking, pharmacy, & hair appointments. <u>DRIVERS NEEDED</u> , mileage reimbursement available.
MEALS ON WHEELS	Spring Valley & Elmwood. For home-delivered meals info, call ADRC of Pierce County 715-273-6780 or toll-free 877-273-0804.
COFFEE KLATCH	Friendly visits with drinks and treats, Tuesday through Friday 10-11AM @ <i>Staying Put Office</i> . <u>Coffee Klatch Special Events</u> : 5/8: Team Sudoku 5/14: Birthday Celebration + Baked Goods 5/16: Fun Fact Friday 5/28: Mystery Event
SV MEMORY CAFÉ / ELMWOOD COFFEE & CONVERSATION	A social get-together for older adults: share your memories & stories! <u>Spring Valley</u> : 10AM @ <i>St. John's Lutheran Church, S520 Church Ave</i> <u>Elmwood</u> : 1:30PM @ <i>Elmwood History Center, 110 S. Main St</i>
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses/corns. 9:30AM-3:00PM @ <i>Staying Put Office</i> . Call for appointment and cost information, Rochelle: 715-559-6077 or Staying Put: 715-778-5800.
STRONG BODIES	Fitness sessions co-sponsored by Pierce County ADRC. Every Tuesday & Friday 9:30-10:30AM @ <i>SV Village Hall, Community Room A</i> . Call to register.
TECH WORKSHOP	Personal help on your electronic device from a youth volunteer. Call to schedule.
MONTHLY BIRTHDAY CELEBRATION	Treats, games, prizes for all May birthdays. Walk-ins welcome! 10-11AM @ <i>Staying Put Office</i> .
ANIMAL COMPANIONSHIP	ATD certified Therapy Dog (Abby) will come for a visit! Call to schedule.
MUSIC AT VALLEY VILLAS/SV HEALTH CARE CAMPUS	Live music performances for assisted living/nursing home residents. Open to the public! <u>SV Senior Living and Health Care Campus</u> : 1-2PM @ <i>S830 Westland Dr; SV Valley Villas</i> : 12:30-1:30PM @ <i>S820 Westland Dr; SV</i>
C.R.A.F.T (CREATIVE RELAXATION AND FRIEND TIME)	Learn to knit or crochet from Kendall with our supplies or bring your own works in progress. All crafts welcome, stop in whenever you like! 2-4PM @ <i>Staying Put Office</i> .
SPRING VALLEY SPRING CLEANING DAY	Get your recycling, scrap metal, and furniture disposed of at a 50% discount! Call 715-778-5800 for prices, eligibility, and to register by April 25th. Items will need to be placed outside home for easy disposal - call to schedule volunteer help ahead of time. 8AM-12PM
VOLUNTEER HAPPY HOUR AT THE WANDERING EWE	A friendly get-together for Staying Put volunteers - come get drinks and socialize! 4-6PM @ <i>The Wandering Ewe, S119 McKay Ave; SV</i>
ELMWOOD SPRING DANCE	Join us for the 2 nd annual senior community spring dance - music by the Bobtown Boys. Come for food and company and vote for 2025's senior royalty! 1:00-3:30PM @ <i>Elmwood Auditorium, 323 W. Winter Ave; Elmwood</i>