



Staying Put, Inc.
Caring – Connecting – Contributing

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05 Office Closed Mondays	06 9:30AM Strong Bodies 12:30PM Music at Valley Villas	07 11AM Games + Soup at Elmwood Library 1:15PM Music at SV Health Care Campus	01 1:30PM Elmwood Memory Cafe	02 9:30AM Strong Bodies
12 Office Closed Mondays	13 9:30AM Strong Bodies 10AM Memory Cafe 10AM ☕ Coffee Guest: Matt Huepfel	14 10AM Monthly Birthday Celebration		09 9:30AM Strong Bodies 11AM Games + Soup at Staying Put
19 Office Closed Mondays	20 9:30AM Strong Bodies	21 10AM Coffee at Kern's 11AM Elmwood Open Craft	22 9:30AM Foot Care Clinic 1PM Winter Dance	23 9:30AM Strong Bodies
26 Office Closed Mondays	27 9:30AM Strong Bodies 10AM Memory Cafe	28	29 11AM Spring Valley Open Craft	30 9:30AM Strong Bodies

Weekend Events:

- Sunday 1/25: 12PM **Bingo**

☕ Gather with neighbors at the Staying Put office for coffee, treats, and conversation, every Tuesday-Friday at 10am! ☕

ACTIVITY DETAILS

Office location: S312 McKay Ave, Spring Valley

Open Tuesday-Friday, 9:30am-2:00pm

Office phone number: 715-778-5800 (Call for info or to schedule services)

WINTER DANCE	3rd annual winter dance. Volunteers, clients, and community welcome - come for food, fun, music, and dancing! Music by the Bobtown Boys. 1-3:30PM @ <i>Elmwood Auditorium, 323 W Winter Ave.</i>
GAMES + SOUP	Drop by for board/card games and home-made soup! <u>Elmwood Library:</u> 11am @ <i>Elmwood Public Library, 111 N Main St.</i> <u>Staying Put:</u> 11am @ <i>Staying Put Office</i>
COFFEE GUEST	Matt Huepfel will be visiting for our daily coffee hour for a pharmacy Q&A - come with your questions! 10-11AM @ <i>Staying Put Office.</i>
OPEN CRAFT	Bring your own in-progress crafts, or start a new one: yarn, thread, diamond art, and other craft supplies available. Don't know how to craft? We have people who can teach you! <u>Elmwood:</u> 11AM-12PM @ <i>Kern's Hometown Cafe, 109 N Main St.</i> <u>Spring Valley:</u> 11AM-12PM @ <i>Staying Put Office</i>
MONTHLY BIRTHDAY PARTY	Games and prizes for all January birthdays. Walk-ins welcome, 10-11AM @ <i>Staying Put Office</i>
MUSIC: SV HEALTH CARE CAMPUS & VALLEY VILLAS	Live music performances for assisted living/nursing home residents, open to the public. <u>Valley Villas:</u> 12:30-1:30PM @ S820 Westland Dr; SV <u>SV Health Care Campus:</u> 1:15-2:15PM @ S830 Westland Dr; SV
BINGO	Stop by for a friendly game of Bingo. 12PM @ <i>Staying Put Office.</i>
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses/corns. 9:30AM-3:00PM @ <i>Staying Put Office.</i> Call for appointment and cost information, Rochelle: 715-559-6077 or Staying Put: 715-778-5800.
MEMORY CAFE: SPRING VALLEY AND ELMWOOD	A social get-together for older adults: share your memories & stories! <u>Elmwood:</u> 1:30PM @ <i>Elmwood History Center, 110 S. Main St.</i> <u>Spring Valley:</u> 10AM @ <i>St. John's Lutheran Church, S520 Church Ave.</i>
STRONG BODIES	Free senior fitness sessions every Tuesday & Friday, 9:30-10:30AM @ <i>SV Village Hall, Community Room A, E121 S 2nd St; SV.</i> Call Staying Put office to register.
OTHER STAYING PUT SERVICES (CALL OFFICE FOR MORE INFO)	<ul style="list-style-type: none">• Transportation to medical appointments, grocery, banking, etc.• Help with technology (computers, TVs, etc.)• Friendly visits or calls• Light house or yardwork• Meals on Wheels (Call ADRC of Pierce County to sign up: 715-273-6780 or toll free 877-273-0804)