R ACTIVITIES & DETAILS

All events are located at the Staying Put office (S312 McKay Ave, Spring Valley) unless otherwise listed.

Office hours: Tuesday, Thursday, Friday 9:30AM - 2:00PM, Wednesday 9:30AM - 3:30PM

TRANSPORTATION	Call to set up rides for medical appointments, grocery, banking, pharmacy, & hair appointments. <u>DRIVERS NEEDED</u> , mileage reimbursement available.
MEALS ON WHEELS	Spring Valley & Elmwood. For home-delivered meals info, call ADRC of Pierce County 715-273-6780 or toll-free 877-273-0804.
COFFEE KLATCH	Friendly visits with drinks and treats, Tuesday through Friday 10-11AM @ Staying Put Office. <u>Coffee Klatch Special Events</u> : 10/1: Coffee at Kern's (@ 109 N Main St; Elmwood) 10/7: Cribbage 10/8: Birthday 10/15: Grinch Day 10/17: Fun Facts 10/21: Ask Your Bank Coffee Hour 10/29: Euchre 10/30: Candy Corn Day
MEMORY CAFE: SPRING VALLEY AND ELMWOOD	A social get-together for older adults: share your memories & stories! <u>Spring Valley:</u> 10AM @ St. John's Lutheran Church, S520 Church Ave <u>Elmwood:</u> 1:30PM @ <i>Elmwood History Center, 110 S. Main St</i>
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses/corns. 9:30AM-3:00PM @ <i>Staying Put Office</i> . Call for appointment and cost information, Rochelle: 715-559-6077 or Staying Put: 715-778-5800.
STRONG BODIES	Free fitness sessions co-sponsored by Pierce County ADRC. Every Tuesday & Friday 9:30-10:30AM @ <i>SV Village Hall, Community Room A.</i> Call to register.
TECH WORKSHOP	Personal help on your electronic device from a youth volunteer. Call to schedule.
MONTHLY BIRTHDAY CELEBRATION	Games and prizes for all October birthdays. Walk-ins welcome, 10-11AM @ Staying Put Office.
ANIMAL COMPANIONSHIP	ATD certified Therapy Dog (Abby) will come for a visit! Call to schedule.
MUSIC: SV HEALTH CARE CAMPUS / VALLEY VILLAS	Live music performances for assisted living/nursing home residents, open to the public. SV Senior Living and Health Care Campus: 1:15-2:15PM @ S830 Westland Dr;

VALLEY VILLAS CREEPY

CRAWL

HAPPY HOUR

HOMECOMING PARTY

C.R.A.F.T. (CREATIVE RELAXATION AND FUND TIME)

WESTCONSIN COMMUNITY **ACTION DAY**

Staying Put will be handing out trick-or-treating candy as part of the Valley Villas Creepy Crawl: any seniors who would like to join us are welcome! Call 715-778-5800 if interested (costumes welcome). Games, movies, and treats available for all ages! 3-5PM @ S820 Westland Dr; SV

Valley Villas: 12:30-1:30PM @ S820 Westland Dr; SV

A friendly get-together for volunteers and friends of Staying Put - come get drinks and socialize! 4-6PM @ Half Throttle Saloon, 425 W Winter Ave; Elmwood.

The Spring Valley Homecoming parade will be going past the Staying Put office - stop by for snacks and a place to sit and watch the festivities. 2-3PM @ Staying Put Office.

Learn to knit or crochet from Kendall with our supplies or bring your own works in progress. Fall-themed crafts will be available to learn - all crafts welcome, stop in whenever you like! 2-4PM @ Staying Put Office.

Volunteers from Westconsin Credit Union will be available for light indoor/outdoor fall cleaning and friendly visits. Call Staying Put (715-778-5800) to reserve your spot, all clients eligible!