<u>OTHER ACTIVITIES & DETAILS</u>

All events are located at the Staying Put office (S312 McKay Ave, Spring Valley) unless otherwise listed.

Office hours: Tuesday, Thursday, Friday 9:30AM - 2:00PM, Wednesday 9:30AM - 3:30PM

TRANSPORTATION	Call to set up rides for medical appointments, grocery, banking, pharmacy, & hair appointments. <u>DRIVERS NEEDED</u> , mileage reimbursement available.
MEALS ON WHEELS	Spring Valley & Elmwood. For home-delivered meals info, call ADRC of Pierce County 715-273-6780 or toll-free 877-273-0804.
COFFEE KLATCH	Friendly visits with drinks and treats, Tuesday through Friday 10-11AM @ Staying Put Office. <u>Coffee Klatch Special Events:</u> 4/3: Team Sudoku, 4/8: Tiramisu, 4/17: Team Sudoku, 4/25: Fun Fact Friday, 4/30: Wildcard Wednesday (Euchre Day)
SV MEMORY CAFÉ / ELMWOOD COFFEE & CONVERSATION	A social get-together for older adults: share your memories & stories! <u>Spring Valley:</u> 10AM @ St. John's Lutheran Church, S520 Church Ave <u>Elmwood:</u> 1:30PM @ Elmwood History Center, 110 S. Main St
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses/corns. 9:30AM-3:00PM @ <i>Staying Put Office</i> . Call for appointment and cost information, Rochelle: 715-559-6077 or Staying Put: 715-778-5800.
STRONG BODIES	Fitness sessions co-sponsored by Pierce County ADRC. Every Tuesday & Friday 9:30-10:30AM @ <i>SV Village Hall</i> . Call to register.
TECH WORKSHOP	Personal help on your electronic device from a youth volunteer. Call to schedule.
MONTHLY BIRTHDAY CELEBRATION	Treats, games, prizes for all April birthdays. Walk-ins welcome! 1-2PM @ Staying Put Office.
ANIMAL COMPANIONSHIP	ATD certified Therapy Dog (Abby) will come for a visit! Call to schedule.
MUSIC AT VALLEY VILLAS/SV HEALTH CARE CAMPUS	Live music performances for assisted living/nursing home residents. Open to the public! SV Senior Living and Health Care Campus: 1-2PM @ S830 Westland Dr; SV Valley Villas: 12:30-1:30PM @ S820 Westland Dr; SV
C.R.A.F.T (CREATIVE RELAXATION AND FRIEND	Learn to knit or crochet from Kendall with our supplies or bring your own works in progress. All crafts welcome, stop in whenever you like! 2-4PM @

Staying Put Office.

location.

10TH ANNIVERSARY
KICKOFF
SOCIAL/VOLUNTEER HAPPY
HOUR

TIME)

VOTING DAY: RIDE TO THE

POLLS

2025 is Staying Put's 10-year anniversary! Drop by the office for food and company, check out the new sign, and share your Staying Put stories as part of our "Staying Put in Retrospective" video project. 2-4PM @ Staying Put office (Stick around afterwards and join us for a Volunteer Happy Hour 4-6PM @ Half-Fast Brewing Company, S105 McKay Ave; SV)

Call to schedule a ride. Please schedule 2 days in advance and consult

office staff if you need help registering to vote or determining your polling

EMOTIONAL WELLNESS PRESENTATION

Kendra Kern will lead a presentation on creating emotional wellness in our communities. 10AM-12PM @ Elmwood Library, 111 N. Main St; Elmwood