




Staying Put, Inc.

Caring – Connecting – Contributing

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 Office Closed for New Year's Day	02 1:30PM Coffee & Conversation	03 9:30AM Strong Bodies
06 Office Closed Mondays	07 9:30AM Strong Bodies 12:30PM Music at Valley Villas	08 1PM Monthly Birthday Celebration	09 9:30AM Foot Care Clinic	10 9:30AM Strong Bodies
13 Office Closed Mondays	14 9:30AM Strong Bodies 10AM Memory Cafe 12:45 PM Music at SV Health Care Campus	15	16 1PM Winter Dance	17 9:30AM Strong Bodies
20 Office Closed Mondays	21 9:30AM Strong Bodies	22 2PM C.R.A.F.T	23	24 9:30AM Strong Bodies
27 Office Closed Mondays	28 9:30AM Strong Bodies 10AM Memory Cafe	29 1PM Game Day	30 9:30AM Foot Care Clinic	31 9:30AM Strong Bodies

For more information, to schedule services or to RSVP, call 715-778-5800!

OTHER ACTIVITIES & DETAILS

All events are located at the Staying Put office
(S312 McKay Ave, Spring Valley) unless otherwise listed.

**Office hours: Tuesday, Thursday, Friday 9:30AM - 2:00PM,
Wednesday 9:30AM - 3:30PM**

TRANSPORTATION	Call to set up rides for medical appointments, grocery, banking, pharmacy, & hair appointments. <u>DRIVERS NEEDED</u> , mileage reimbursement available.
MEALS ON WHEELS	Spring Valley & Elmwood. For home-delivered meals info, call ADRC of Pierce County 715-273-6780 or toll-free 877-273-0804.
COFFEE KLATCH	Friendly visits with drinks and treats, Tuesday through Friday 10-11AM @ <i>Staying Put Office</i> .
SV MEMORY CAFÉ / ELMWOOD COFFEE & CONVERSATION	A social get-together for older adults: share your memories & stories! <u>Spring Valley</u> : 10AM @ <i>St. John's Lutheran Church, S520 Church Ave</i> <u>Elmwood</u> : 1:30PM @ <i>Elmwood History Center, 110 S. Main St</i>
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses/corns. 9:30AM-2:00PM @ <i>Staying Put Office</i> . Call for appointment and cost information, 715-559-6077 or 715-778-5800.
STRONG BODIES	Fitness sessions co-sponsored by Pierce County ADRC. Every Tuesday & Friday 9:30-10:30AM @ <i>SV Village Hall</i> . Call to register.
TECH WORKSHOP	Personal help on your electronic device from a youth volunteer. Call to schedule.
WEDNESDAY ACTIVITIES	<u>Birthday Celebration</u> : Treats, games, prizes for all December birthdays. Walk-ins welcome! 1-2PM @ <i>Staying Put Office</i> . <u>Game Day</u> : Join us for games and prizes. 1-3PM @ <i>Staying Put Office</i>
ANIMAL COMPANIONSHIP	ATD certified Therapy Dog (Abby) will come for a visit! Call to schedule.
MUSIC AT VALLEY VILLAS/SV HEALTH CARE CAMPUS	Live music performances for assisted living/nursing home residents. Open to the public. <u>Valley Villas</u> : 12:30-1:30PM @ <i>S820 Westland Dr, SV</i> . <u>SV Senior Living and Health Care Campus</u> : 12:45-1:30PM @ <i>S830 Westland Dr, SV</i> .
C.R.A.F.T (CREATIVE RELAXATION AND FRIEND TIME)	Learn to knit or crochet from Kendall with our supplies or bring your own works in progress. All crafts welcome, stop in whenever you like! 2-4PM @ <i>Staying Put Office</i> .
WINTER DANCE	2nd annual Senior Community Winter Dance. Music by the Bobtown Boys - come tap a toe and wiggle a hip! Fun, food, and dancing. 1-3:30PM @ <i>SV Community Center, S242 McKay Ave, SV</i> . Call to arrange transportation or to donate food items: 715-778-5800