

AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Attention: Office hours will be changing starting August 1: Monday - Closed, except for special events Tuesday, Thursday, Friday - 9:30am-2:00pm Wednesday - 9:30am-3:30pm			1:30PM Coffee & Conversation	9:30AM Strong Bodies
Office Closed Mondays	9:30AM Strong Bodies 9:30AM Foot Care Clinic	1PM Bingo	08	9:30AM Strong Bodies
11AM Monday Meal	9:30AM Strong Bodies 10AM Memory Café 12:30PM Music at Valley Villas	14 IPM Crafts	15	9:30AM Strong Bodies 6PM Movie Night
Office Closed Mondays	9:30AM Strong Bodies	12:45 PM Music at SV Health Care Campus 1PM Monthly Birthday Celebration	9:30AM Foot Care Clinic	9:30AM Strong Bodies
10:30AM Tales of Quails	9:30AM Strong Bodies 10AM Memory Café	1PM Game Day	6PM AARP Home Fit Training	9:30AM Strong Bodies

Saturday Events:

• 8/24: 4PM Volunteer Meetup @ Wandering Ewe

For more information, to schedule services or to RSVP, call 715-778-5800!