



Staying Put, Inc.
Caring – Connecting – Contributing

JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 9:30AM Foot Care Clinic	04 9:30AM Strong Bodies	05 1PM Bingo	06 9AM Bird Walk 1:30PM Coffee & Conversation	07 9:30AM Strong Bodies
10 9:30AM Strong Bodies 10AM Memory Café	11 9:30AM Strong Bodies 10AM Memory Café	12 10AM Food Voucher Handout (ADRC) 1:00PM CRAFTS	13	14 9:30AM Strong Bodies
17 9:30AM Foot Care Clinic	18 9:30AM Strong Bodies 12:30PM Music at Valley Villas	19 2PM Monthly Birthday Celebration	20	21 9:30AM Strong Bodies
24 9:30AM Strong Bodies 10AM Memory Café	25 9:30AM Strong Bodies 10AM Memory Café	26 1PM Game Day	27	28 9:30AM Strong Bodies

Saturday Events:

- 6/22: 4PM **Volunteer Meetup @ Wandering Ewe**
- 6/29: 5PM **Fish Fry @ Handy Andy Park**

**For more information, to schedule services
or to RSVP, call 715-778-5800!**

OTHER ACTIVITIES & DETAILS

All events are located at the Staying Put office
(S312 McKay Ave, Spring Valley) unless otherwise listed.

Office hours: Monday - Friday 9:30AM - 3:30PM

TRANSPORTATION	Call to set up local & non-local rides for medical appointments, grocery, banking, pharmacy, & hair appointments. <u>DRIVERS NEEDED</u> , mileage reimbursement available.
MEALS ON WHEELS	Spring Valley & Elmwood. For home-delivered meals info, call ADRC of Pierce County 715-273-6780 or toll-free 877-273-0804. <u>ELMWOOD DRIVERS NEEDED!</u>
COFFEE KLATCH	Friendly visits with drinks and treats, every weekday 10:00-11:00 AM.
MEMORY CAFÉ / COFFEE & CONVERSATION	A social get-together for older adults: share your memories & stories, all are welcome, bring a friend! Spring Valley: 10AM @ <i>St. John's Lutheran Church, S520 Church Ave</i> Elmwood: 1:30PM @ <i>Elmwood History Center, 110 S. Main St</i>
FOOT CARE CLINIC	Licensed nurse Rochelle Boos will trim toenails and reduce calluses and corns. 9:30AM-3:30PM @ <i>Staying Put Office</i> . Call for appointment and cost information, 715-559-6077 or 715-778-5800.
STRONG BODIES	Fitness sessions co-sponsored by Pierce County ADRC. Every Tuesday & Friday 9:30-10:30AM @ <i>SV Village Hall</i> . Call to register.
FOOD VOUCHER HANDOUT	Lena Aumann from the ADRC will be handing out farmer's market food vouchers. There are income requirements to qualify. 10:00-11:00AM @ <i>Staying Put Office</i> .
WEDNESDAY ACTIVITIES	<u>Bingo</u> : Friendly game with treats and prizes, 1:00-2:00 PM. <u>Craft Day</u> : Decorative plate craft to make and take, 1:00-3:00PM. <u>Game Day</u> : Games and socializing, 1:00-3:00 PM. Call to RSVP. <u>Birthday Celebration</u> : Treats, games, prizes for all June birthdays. Drop ins welcome! 2:00PM
ANIMAL COMPANIONSHIP	ATD certified Therapy Dog (Abby) will come for a visit! Call to schedule.
TECH WORKSHOP	Personal help on your electronic device from a youth volunteer.
MUSIC AT VALLEY VILLAS	Various musicians perform for assisted living residents. 12:30PM @ <i>Valley Villas Assisted Living, S820 Westland Dr, SV</i> .
BIRD WATCHING WALK	Cathy Olyphant leads a birding excursion, be prepared for a mild hike. 9:00-11:00AM <i>Meet @ the Spring Valley Rec Area</i>
VOLUNTEER MEETUP	Join the Staying Put staff and fellow volunteers for supper and socializing. 4:00-6:00PM @ <i>The Wandering Ewe, S119 S McKay Ave S, SV</i> .
FISH FRY	Social get-together with conversation and fresh-caught fish. 5:00PM @ <i>Handy Andy Park, SV</i> .