



STAYING PUT - EVENTS & ACTIVITIES for NOVEMBER 2023

Serving Spring Valley and Elmwood areas

S312 McKay Ave. P.O. Box 193 – Spring Valley, WI 54767

715-778-5800 – call for complete listing of services

OPEN OFFICE HOURS:

MON. TUES. WED. THURS. 10:00 AM - 5:00 FRI. 10:00 AM - 3:00

TRANSPORTATION: *Staying Put* provides local & non-local (mileage reimbursed) transportation for medical appointments, grocery, banking, pharmacy, & hair appointments. Call 715-778-5800.

MEALS ON WHEELS/Spring Valley & *Elmwood: For home-delivered meals info, call ADRC of Pierce County @ 715-273-6780 /or toll-free 877-273-0804. Can you help as a *Staying Put* volunteer to deliver meals? Call 715-778-5800. ***ELMWOOD DRIVERS NEEDED NOW!**

CONGREGATE SENIOR DINING: Mooney's Rusty Horse/SV /11:00-12:00/Tues.-through Fri.

COFFEE KLATCH: Mon. through Fri. @ 10:00-11:00 AM at Staying Put office (ck. for occasional cancellation). Enjoy a friendly visit over fresh coffee or tea, donated treats. Clients & volunteers welcome, just drop in!

MEMORY CAFÉ: Every 2nd & 4th Tues. of the month. This is a social get-together for older adults held 10:00 AM-11:30 AM at St. John's Lutheran Church, S520 Church Ave., SV. Come share your memories & stories, optional: bring a friend or companion. Enjoy coffee, tea & treats, all are welcome. For info or a ride, call 715-778-5800.

ANIMAL COMPANIONSHIP: ATD certified Therapy Dog (Abby) will come to visit! Call 715-778-5800 for a request.

STRONG BODIES FITNESS SESSIONS: Co-sponsored by Pierce County/ADRC. Classes held Tues. & Fri. 9:30 AM-10:30 AM @ SV Village Hall. Call to register 715-778-5800.

PRE-THANKSGIVING CELEBRATION: Thurs., November 16th from 1:00-3:00 PM, at Spring Valley Community Center. Luncheon & Games. All are welcome. Call to register 715-778-5800.

MONTHLY BIRTHDAY CELEBRATION: Wed., November 29 @ 2:00 PM, *Staying Put* office - Volunteers & Clients w/Aug. birthdays, call to register or just drop in. *Treats, games, prizes!*

CARE BASKETS: Assembled & donated by a *Staying Put* volunteer, delivered to members experiencing loss, illness, loneliness, sadness. Call the office with tips: 715-778-5800.

TECH WORKSHOP: For personal help on your electronic device, call 715-778-5800.