



## **SVSSP EVENTS FOR MAY 2022**



**Spring Valley Seniors Staying Put, Inc.**

S312 McKay Ave. P.O. Box 193 – Spring Valley, WI 54767

**715-778-5800 – call for complete listing of services**

**NOTE: NEW OPEN OFFICE HOURS: MON. - THURS. 10-5/FRI. 10-3**

**MEALS ON WHEELS:** For home-delivered meals information, **please call the ADRC of Pierce County @ 715-273-6780**, or the **ADRC of St. Croix County @ 715-381-4360**. Staying Put volunteers will deliver meals to program participants Tues., Wed., Thurs., Fri.

**CONGREGATE SENIOR DINING @ SNEAKERS:** Tues. Wed. Thurs. Fri. **11:00 AM – 1:00 PM.**

**CRAFTEA:** Held the third Thurs. of the month @ Staying Put office – Tea, treats, crafts, conversation with friends! **Reservations required, & for a ride call @ 715-778-5800.**

**STRONG BODIES FITNESS SESSIONS:** Co-sponsored by Pierce County/ADRC. Classes are held Tues. & Fri. 9:30 AM-10:30 AM @ SV Village Hall. **CALL TO REGISTER 715-778-5800.**

**EASY CHAIR FITNESS:** In development process. Call for info and/or for a ride 715-778-5800.

**BOOKS-TO-GO/SV LIBRARY:** Volunteers will deliver a basket of books or movies to you for your reading/viewing enjoyment, along with a friendly visit. For more information **call SV Library 715-778-4590 or Staying Put @ 715-778-5800.**

**TECH WORKSHOP:** For personal help on your electronic or home device, **call Staying Put @ 715-778-5800.**

**MEMORY CAFÉ:** Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. This is a social get-together for older adults held **10:00 AM-11:30 AM at St. John's Lutheran Church**, S520 Church Ave., Spring Valley. Come share your memories with a friend or companion. Have fun and share stories, enjoy coffee or tea and treats, all are welcome. **For more information or for a ride, call Staying Put @ 715-778-5800.**

**WALKING BUDDIES:** Would you like a walking partner? **Call Staying Put @ 715-778-5800.**

**ANIMAL CARE:** Could you use some assistance with animal-care? **Call Staying Put @at 715-778-5800.**

**TRANSPORTATION:** *Staying Put is now providing out-of-town transportation for groceries, banking, & medical appointments.* **Call 715-778-5800.**

**ELMWOOD EXPANSION:** Staying Put will present/services expansion to Elmwood community, **Wed. May 11, 11:30-1:00 @ Elmwood Auditorium/Winter Street;** light luncheon served/sponsored by Pierce County/ADRC. Rsvp appreciated: **715-778-5800.**

**2022 EXPANDING HORIZONS SERIES:** *'Spring is for the birds'*, expert-guided birding event, **Tuesday, May 24, 9-10:30 am ... CALL TO REGISTER 715-778-5800.**

