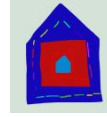


## SVSSP EVENTS FOR NOVEMBER 2021



**Spring Valley Seniors Staying Put, Inc.**

5312 McKay Ave. P.O. Box 193 – Spring Valley, WI 54767

**715-778-5800**

*NOTE: ALL ACTIVITIES WILL ADHERE TO COVID-19 CURRENT UPDATES & GUIDELINES*

**MEALS ON WHEELS:** For home-delivered meals information, **please call the ADRC of Pierce County @ 715-273-6780**, or the **ADRC of St. Croix County @ 715-381-4360**. Staying Put volunteers will deliver meals to program participants Tues., Wed., Thurs., Fri.

**CONGREGATE DINING AT SNEAKERS:** Tues., Wed., Thurs., Fri. **11:00 AM – 1:00 PM**. Congregate Senior dining (buffet) will resume at Sneakers in Spring Valley, on July 20, 2021 for ages 60+.

**CRAFTEA:** **Thursday, November 18, 2:00-4:00 PM @ Staying Put office** – A harvest tea with home-made scones & jam will be served up, along with a fun little craft project around a lovely table. **Reservations are required, or for a ride call @ 715-778-5800.**

**BINGO:** **Every Wednesday, 1:00-2:00 PM hosted by and held at the SPRING VALLEY LIBRARY**. No rsvp required, just show up! **COFFEE BAR INCLUDED! Call Staying Put if you need a ride - 715-778-5800.**

**STRONG BODIES FITNESS SESSIONS:** This physical fitness program is **co-sponsored by the ADRC of Pierce County**. Classes are held every Tuesday and Friday 9:30 AM-10:30 AM @ SV Village Hall. **PRE-REGISTRATION IS REQUIRED**. **Call Staying Put @ 715-778-5800. (Class size is limited).**

**BOOKS-TO-GO/SV LIBRARY:** Volunteers will deliver a basket of books or movies to you for your reading/viewing enjoyment, along with a friendly visit. For more information **call SV Library 715-778-4590 or Staying Put @ 715-778-5800.**

**TECH WORKSHOP:** For personal help on your electronic or home device, **call Staying Put @ 715-778-5800.**

**MEMORY CAFÉ:** **Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month**. This is a social get-together for older adults held 10:00 AM-11:30 AM at St. John's Lutheran Church, S520 Church Ave., Spring Valley. Come share your memories with a friend or companion. Have fun and share stories, enjoy coffee or tea and treats. **For more information or for a ride, call Staying Put @ 715-778-5800.**

**WALKING BUDDIES:** Would you like a walking partner? **Call Staying Put @ 715-778-5800.**

**ANIMAL CARE:** Could you use some assistance with animal-care? **Call Staying Put @at 715-778-5800.**

**TRANSPORTATION:** Staying Put is collaborating with New Freedom Transportation/CILWW to coordinate transportation for Spring Valley area residents to medical appointments & other 'life-essential' trips outside of town. **Call 715-778-5800, or 1-800-228-3287, Ext. 227.**

**VOLUNTEER DRIVERS ARE ALWAYS NEEDED/MILEAGE IS REIMBURSED AT .56 PER MILE.**  
**PLEASE CONTACT NEW FREEDOM TO SIGN UP AS A DRIVER: 1-800-228-3287, Ext. 227.**

**For other service requests, or more events info, please contact the office of :**

***Spring Valley Seniors Staying Put @ 715-778-5800***