

SVSSP EVENTS FOR JUNE/JULY 2021



Spring Valley Seniors Staying Put, Inc. S312 McKay Ave. P.O. Box 193 – Spring Valley, WI 54767 **715-778-5800**

NOTE: ALL ACTIVITIES WILL ADHERE TO COVID-19 PROTOCOL PER CURRENT UPDATES & GUIDELINES

<u>MEALS ON WHEELS</u>: For meals inquiry, please call the ADRC of Pierce County @ 715-273-6780, or the ADRC of St. Croix County @ 715-381-4360. Staying Put volunteers deliver meals Tues., Wed., Thurs., and Fri.

ARTS & CRAFT CIRCLE: June & July dates TBD @ Staying Put office - crafts, art projects, socialization. Reserve a spot, or call for a ride @ 715-778-5800.

<u>TEA-BASKET VISITS:</u> Would you enjoy a personal home-visit with tea & cones? **Call Staying Put @ 715-778-5800.**

<u>STRONG BODIES FITNESS SESSIONS</u>: This physical fitness program is co-sponsored by the ADRC of Pierce County. Classes have resumed effective June 1, 2021, Tuesday and Fridays 9:30-10:30 a.m @ SV Village Hall. <u>PRE-REGISTRATION IS REQUIRED</u>. Call Staying Put @ 715-778-5800 (classes may be temporarily full, can be placed on wait list).

<u>BOOKS-TO-GO/SV LIBRARY</u>: Volunteers will deliver a basket of books or movies to you for your reading/viewing enjoyment, along with a friendly visit. For more information **call SV Library 715-778-4590 or Staying Put @ 715-778-5800.**

TECH WORKSHOP: For personal help on your electronic device, call Staying Put @at 715-778-5800.

<u>MEMORY CAFÉ</u>: **2**nd **and 4**th **Tuesdays of the month.** This is a social get-together for older adults held 10:00 AM-11:30 AM at St. John's Lutheran Church, S520 Church Ave., Spring Valley. Anyone with memory loss is invited to attend with a friend or companion. Have fun and share stories, enjoy coffee or tea and treats. **For information or a ride, call Staying Put @ 715-778-5800.**

WALKING BUDDIES: Would you like a walking partner? Call Staying Put @ at 715-778-5800.

ANIMAL CARE: Could you use some assistance with animal-care? **Call Staying Put @at 715-778-5800.**

TRANSPORTATION: Staying Put is collaborating with New Freedom Transportation/CILWW to provide drivers & coordination of transportation to medical appointments and other 'life-essential' trips outside of Spring Valley.

<u>CALL STAYING PUT FOR OTHER SERVICE REQUESTS</u>: Light housekeeping, light yard work, simple maintenance projects, friendly visits, caregiver breaks, local rides in town, various errands, referrals to other agency assistance and various for-hire sources.

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