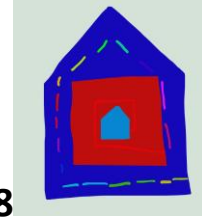




SVSSP EVENTS FOR DECEMBER 2018



(for any questions regarding events, call 715-778-5800)

SENIORS LUNCH: Every week **Tuesday, Wednesday, Thursday and Friday**, 11:00 AM - 1:00 PM at **Sneakers**. If you need a ride call 715-778-5800.

ARTS & CRAFT CIRCLE: **Monday, December (TBA)** , 3:00 PM – 5:00 PM at the Staying Put office, S312 McKay St., for time to socialize and work on fun craft projects. CALL FOR A RESERVATION – 715-778-5800.

DANCE CLUB: **Wednesday, December (TBA)** , 1:00 PM to 4:00 PM at the Moose Lodge in Menomonie (\$5/person cover charge). Live entertainment.... Lots of fun! Call 715-778-5800 for updates and for a ride. **Drivers needed...** call 715-778-5800.

STRONG BODIES FITNESS SESSIONS: **New Series starting in January ... details of orientation and series start date TBA. Call office with questions or interest 715-778-5800.** This is a fitness series developed by a physician, designed for 55+, focusing on overall strengthening, balancing activities, uses various weights, is adaptive to varying abilities. **Pre-registration is required. Event Co-sponsored by Pierce Co. ADRC.**

BOOKS-to-GO CLUB: Volunteers will deliver a basket of books or movies to you for your reading/watching pleasure. For more information call SV Library 715-778-4590 or Staying Put office 715-778-5800.

MEMORY CAFÉ: A social get-together for older adults. Held Tuesdays: **December 11th (December 25th session cancelled due to Christmas holiday)**, 10:00 AM - 11:30 AM at St. John's Lutheran Church, S520 Church Ave., Spring Valley, WI 54767. Anyone with memory loss is invited to attend with a friend or companion. Have fun and share stories. Enjoy coffee or tea and treats. For information call 715-778-5800